



For Families of Children with Challenging Behaviors: Developing our Children's Skills

Join us for this **six-week parenting class** for families and caregivers of children with special needs. Instructor Linda Sinclair, autism specialist for Beaverton Public Schools, is trained in HOT DOCS*, a program developed by the University Of Southern Florida's Department of Pediatrics to help parents address difficult behaviors in children with special needs, including autism spectrum disorders. The program provides parenting strategies in a highly interactive group setting.

Class topics include:

- early childhood development
- routines, rituals and development
- development and behavior
- prevention tools for challenging behaviors
- new parenting skills and stress reduction techniques

*For more information on HOT DOCS, please see their website:
http://health.usf.edu/medicine/pediatrics/child_dev_neuro/HOTDOC_S.htm

Swindells Resource Center
Serving families of children
with special needs
2017 Community Education

Classes occur every
Tuesday,
from April 4 to May 9
6 – 8 p.m.
Providence Child Center
Swindells Library
830 NE 47th Avenue
Portland, OR

Registration

Class size is limited and pre-registration is required. Register by phone at 503-215-2429 or toll free; 800-833-8899 ext 52429.

Class fee is \$50. Limited scholarships are available. Please call for more information.

Swindells Resource Center is a part
of Providence Child Center

