



# GET READY FOR SPECTRA SUMMER CAMP!



Our 2017 Camps offer the following themes:

## CONFIDENT KIDS

Children will learn how to engage in positive self-talk, increase self-confidence, and connect their minds to their bodies to increase physical and social awareness and self-confidence.

Monday-Friday // 9am-12pm // \$300 per week

August 14-18 (Ages 6+)

August 28-September 1 (Ages 6+)



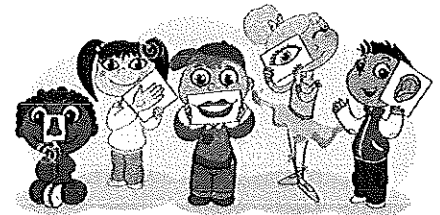
## SENSORY SEEKERS

This theme focuses on body awareness in space and self-regulation. Students will learn about the Zones of Regulation® while enjoying an enriching sensory experience!

Monday-Friday // 9am-12pm // \$300 per week

June 26 - June 30 (Ages 6+)

July 31 - August 4 (Ages 3-5)



## FOSTERING FRIENDSHIPS

This theme focuses on friendship connections, interactions, and relationship development.

Monday-Friday // 9am-12pm // \$300 per week

August 7 - August 11 (Ages 4+)

August 21 - August 25 (Ages 4+)



Contact [nikki@spectrapdx.com](mailto:nikki@spectrapdx.com) to initiate the camp enrollment process.